

## Fertiedge Q10 Softgel

### Astaxanthin (16mg) + Reduced Coenzyme Q10 (200mg) Softgel

This advanced antioxidant formulation combines the powerful benefits of Astaxanthin, a potent carotenoid, and Reduced Coenzyme Q10 (CoQ10) to provide comprehensive cellular protection, support cardiovascular health, and enhance overall vitality. Together, these ingredients help combat oxidative stress, improve energy levels, and promote healthy aging.

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#### Composition (per softgel):

- **Astaxanthin (16mg):** A naturally occurring carotenoid known for its strong antioxidant properties. It helps reduce oxidative damage, supports skin health, and protects cells from environmental stressors.
  - **Reduced Coenzyme Q10 (200mg):** A bioavailable form of CoQ10, a critical antioxidant that supports mitochondrial function, enhances energy production, and helps protect against oxidative damage, particularly in the heart, brain, and muscles.
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#### Uses:

1. **Antioxidant Protection:** Combats oxidative stress, neutralizing free radicals that can damage cells and tissues.
2. **Supports Cardiovascular Health:** Improves blood vessel function, reduces blood pressure, and supports heart health by improving energy production in heart cells.

3. **Boosts Energy and Stamina:** Increases cellular energy production, helping to reduce fatigue and improve physical performance.
  4. **Promotes Healthy Skin:** Protects the skin from UV-induced oxidative damage, reducing the appearance of wrinkles and promoting overall skin health.
  5. **Enhances Cognitive Function:** Supports brain health by reducing oxidative damage and improving mitochondrial function, which is essential for memory and cognitive clarity.
  6. **Anti-Aging Benefits:** Helps slow down the aging process by protecting cells and tissues from damage and promoting overall longevity.
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#### Dosage & Administration:

- **Recommended Dose:** 1 softgel daily or as directed by a healthcare provider.
  - **Route of Administration:** Oral, preferably with a meal for optimal absorption.
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#### Precautions:

- **Consult your healthcare provider before use** if you are pregnant, breastfeeding, or taking any medications, especially blood thinners or other heart-related treatments.
  - **Keep out of reach of children.**
  - **Do not exceed the recommended dose.**
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#### Side Effects:

- **Generally well tolerated when taken as directed.**
  - **Rare side effects may include mild digestive discomfort or skin reactions.**
  - **If any allergic reactions occur, discontinue use and consult your healthcare provider.**
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#### **Storage:**

- **Store in a cool, dry place below 25°C.**
  - **Protect from direct sunlight and moisture.**
  - **Keep the bottle tightly closed and out of reach of children.**
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**Note: This formulation is designed for general health and wellness and is particularly beneficial for individuals looking to support their cardiovascular health, enhance energy levels, and protect against oxidative damage. Always consult your healthcare provider before starting a new supplement regimen.**

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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